



Autumn Newsletter

HELPING HANDS DORCHESTER · 2026



As Autumn arrives, we wanted to share a few updates and news from Helping Hands.

A warm welcome to Louise!

We are delighted to welcome Louise to our Helping Hands team.

She has joined us bringing an abundance of skills, knowledge, experience and, of course, plenty of laughter! We are so pleased to have her on board, adding even more to our wonderful team and helping us continue to provide the personal, consistent and friendly support that means so much to our clients.

Supporting our local charities

Our chosen charity for 2026 has been Weldmar Hospicecare, and we were delighted to hold our fundraising event during the summer heatwave! Despite the soaring temperatures, it was wonderful to see the support and generosity shown for such an important local charity.

We are also incredibly proud of Louise Hutchinson, who completed the incredible Camino de Santiago walk, raising thousands of pounds for Weldmar Hospicecare. What an amazing achievement for such a worthwhile cause!

Bringing people together

We know how important friendship, conversation and feeling connected can be, which is why we are exploring the idea of monthly get-togethers for our clients.

These informal gatherings would give everyone the opportunity to meet, have a chat, share stories and enjoy time together in a relaxed and friendly setting.

If this is something you would be interested in, please speak to a member of our team. We would love to hear your thoughts and ideas as we begin planning.

Dates for your diary

FRIDAY 30 OCTOBER

Trishaw Event

We look forward to celebrating the wonderful experiences Cycling Without Age brings to our community. Please speak to a team member for further information.

TUESDAY 1 DECEMBER · 10.30AM

Carol's 80th Birthday Celebration

The Crown Café, Poundbury, Dorchester

Carol's family have very kindly invited Helping Hands clients to join them in celebrating this very special milestone. There will be cake, coffee and the opportunity to share in Carol's special day. We would love you to join us!

THURSDAY 17 DECEMBER · 2PM TO 4PM

Helping Hands Christmas Party

Maiden Castle Care Home, Dorchester, DT1 2NJ

It's time to get festive! Games, entertainment, food and drinks. £10 per person, payable in cash on the day.

Please let a team member know if you would like to attend. If you need transport, tell us and we will arrange it wherever possible.

Christmas closing

We close for two weeks from Friday 18 December and reopen on Monday 4 January 2027. Happy Christmas from all of us!

LOOKING AHEAD TO 2027

Cycling Without Age

For 2027, we have decided to bring our fundraising closer to home by supporting a very special, small local charity: Cycling Without Age, based in Poundbury, Dorchester.

This wonderful initiative has already given many of our clients the opportunity to get out and about, explore the local area, enjoy the fresh air and experience the simple pleasure of cycling, without having to do any of the legwork!

These trips offer so much more than a ride. They provide fresh experiences, opportunities to enjoy our beautiful surroundings and those special moments that can make such a difference to someone's day.

Throughout 2027, we will be organising several fundraising events, and we would be incredibly grateful for your support. We look forward to sharing more details with you soon!



The simple pleasure of cycling, without any of the legwork.

A FLIGHT OF DREAMS

Sue takes to the skies!

One of the highlights of our year was celebrating Sue's birthday in a truly unforgettable way!

Sue has a wonderful sense of adventure, and we were delighted to help make her dream of flying come true with an incredible glider experience that gave her the opportunity to fly like an eagle!

Organised by Helping Hands Dorchester, it was a very special occasion, shared with Sue's family and friends. The excitement and joy on Sue's face afterwards said it all, a birthday experience she will never forget!

We were thrilled that Sue's wonderful adventure attracted attention beyond our local community, with a lovely write-up in the Dorset Echo and coverage on Keep 106 local radio.

It was a fantastic reminder that age should never be a barrier to adventure, new experiences or making dreams come true.

At Helping Hands, we believe life should continue to bring excitement, opportunities and special memories, and Sue's flight was a perfect example of just that!



*With best wishes,
Lorna and the Helping Hands Team x*

