



Helping Hands

Summer Special Catch up



Making memories, creating connections & supporting independence

What a wonderful summer it has been for Helping Hands Companion Care Dorchester!

We are delighted to share that we are now a team of 7 dedicated professionals, all with one shared passion — supporting our clients at home and enhancing their quality of life.

We are also delighted to welcome Lisa to the Helping Hands team! Lisa brings her own experience, warmth and enthusiasm, and we are thrilled to have her join us as we continue to grow our team and support even more clients across Dorset.

Our bespoke 1-to-1 companionship service is all about the individual. We take the time to understand what each client enjoys, what matters to them and what they would like to achieve, helping them to live as independently and confidently as possible.

Making the most of summer

We have loved getting out and about with our clients and creating some very special memories.

MV Freedom Boat Trip

A fantastic day out enjoying the water, fresh air and wonderful company.

Cycling Without Age Trishaw Trips

Helping our clients experience the joy of getting out into the community, enjoying the countryside and feeling the wind in their hair!

Fundraising for Weldmar Hospice Care

We are incredibly proud of our fundraising campaign, which has raised over £250 for Weldmar Hospice Care. Thank you to everyone who supported us and helped make this possible.

Summer is for living!

We are all making the most of this amazing weather and continuing to encourage our clients to enjoy the things they love — whether that's getting out for a walk, enjoying the garden, meeting friends, visiting beautiful Dorset locations or simply spending meaningful time together.

At Helping Hands, every client is different, and that's exactly how we like it.

Our support is tailored around individual needs, interests and abilities, with the aim of making every visit meaningful and every day a little brighter.

Our promise

We will continue to provide professional, compassionate and completely bespoke 1-to-1 support, helping our clients remain independent, connected and actively involved in their own lives.

Helping Hands – Giving You
TIME When It Matters Most

With warmest wishes for the rest
of summer,

*Lorna & the
Helping Hands
team x*